



Ben Farrell BSC Hons Physiotherapy, MCSP

Ben Farrell is the practice principal at Farrell Physiotherapy and graduated from the University of East London in 2001 with an Honours degree in Physiotherapy. This followed a 3 year degree in Sports Rehabilitation in St Mary's University College, Twickenham. He began his career in the NHS at Southend General Hospital where his focus and special interests were Musculoskeletal outpatients and Orthopaedics. He is a member of The Health and Care Professions Council.

Ben then worked in various private clinics in Essex, Berkshire and Oxfordshire whilst also working as a locum physiotherapist for two years in the NHS. He was then keen to revisit the elite sporting arena and became one of the Physiotherapists at Essex County Cricket and Old Loughtonians Hockey club, where he was physio for 2 years. After 10 years gathering expertise in the NHS, Private Clinics and Elite sport, dealing with an array of problems from sports injuries, acute and chronic problems, he decided to set up his own practice, Farrell Physiotherapy, in Chelmsford in 2011. Since then he has opened up 2 more clinics in South Woodham Ferrers and Witham using a team of select physiotherapists providing the same ethos across all clinics.

The motto of the clinic is "ease the pain, cure the cause" .

Ben's core principals are based on excellent communication and correct diagnosis being essential to allow best treatment. He has always wanted and demanded the best for his clients and makes sure that no stone is left unturned to get the correct diagnosis and result for his clients. Ben is a firm believer that client input into rehabilitation and physiotherapy is essential. Explanation of and understanding the problem is paramount for the client to get better. The result of working together returns the client to pre-injury fitness and well-being as quickly as possible.

A recent comment from one of Ben's clients sums up his philosophy; "What I like about you, is you teach us solutions, not make us dependent on your services"

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